

Online Safety is in Your Hands

Protect Yourself & Others in the Digital World



Why is Online Safety Important?

The online world is part of everyday life, and it's important to stay safe and respectful when using it. Remember these simple rules:

- Create a positive digital footprint – what you post, share, and do online can leave a lasting record
- Only communicate with people you know and trust
- Think before you post
- Only download apps, games, or files from websites you trust. Look for the padlock symbol and "https://" to help make sure a website is secure
- Keep personal information private and avoid sharing too much online
- Take regular breaks from screens and make time for other activities
- Use strong passwords to protect your accounts and never share them with anyone else
- Use AI responsibly – don't trust everything AI tells you, always check that the information is accurate

What You Can Do:

If you ever see something online that makes you feel uncomfortable, worried, or upset:

- Close the website, app, or browser, or turn off your device if needed
- Report what you have seen using the reporting tools available
- Tell a trusted adult, such as a parent/carer, tutor, Head of Year, teacher, or support worker

Remember, if something doesn't feel right online, it's always okay to ask for help. You can contact any of the support workers below by emailing them via your gmail account or by visiting student support.



**Yr 7 - Mrs Mawdsley, Yr 8 - Mrs Aldsworth, Yr 9 - Mr Jinks,
Yr 10 - Ms Marley, Yr 11 - Miss Hutchfield**